



# The Spirit



Pastors: James E. Whedbee, Donald R. Hanshew Jr., Melissa R. Smith

## Lenten Worship Observances

In Revelation 7:17 we read: **“For the Lamb at the center of the throne will be their shepherd; he will lead them to springs of living water.”** Jesus himself said: **“The water that I will give will become in them a spring of water gushing up to eternal life.”** We know that just as water is necessary for physical life, so also is Christ the living water we need for abundant life.

As we journey through Lent, each Sunday in our sanctuary services there will be jars of water on the altar that will remind us of Jesus’ life-giving power. The jars will become fuller and more numerous as we draw closer to the celebration of Easter and the celebration of life through the Water of Life. In Lent may we find ourselves thirsting more and more for this abundant life in Christ.

Another visible worship aid is the purple and white art piece in the chancel area. That art piece has the shadow of the cross in the corner that will gradually increase in size as we come to experience more fully the resurrected Christ on Easter. Thank you to Jeanette Jensen for this gift of art.

In *The Journey* contemporary worship service there will be a scene set each week and teaching video clips that will correspond to the theme of that day. This will help us to gain a larger perspective of what Jesus would have experienced in his last hours.

Please remember to use the “Ministry. Attitude. Prayer. Study” (MAPS) devotional guide that you will receive each Sunday in all three worship services. Written by Elaine Wilson, it provides devotional thoughts in preparation for the worship service on the next Sunday.

We hope you will worship with us each Sunday during Lent. All worship services are focused on the theme “Twenty-Four Hours That Changed the World” as we reflect upon the meaning of these events for our lives.

## Welcome Becca Pendergrass to our Children’s Ministry Staff

We are blessed and excited to announce that Becca Pendergrass has accepted the position of interim Early Childhood Ministry Coordinator. Many of you know Becca through her participation and leadership in our MOPS group, Children’s Ministry Team, children’s Sunday school classes, and Life Group. Becca, her husband Bill, and their children Elly, Hayden, and Brinley are active and involved at FCUMC.

As ECM Coordinator, Becca will manage our ECM staff and support ministry for infants through three year olds. Becca will be a welcoming first impression for our visitors and a great support for our families. She has a heart for working with children, but most of all she has a heart for Jesus. How blessed we are to have her! Contact Becca at [rpendergrass@fountaincityumc.org](mailto:rpendergrass@fountaincityumc.org) or call 689-5175,ext 115. Join us as we welcome Becca in her new position!

Staff Parish Relations Committee

## Worship With Us!

“24 Hours That Changed the World” Series

**February 28, 2010**

Traditional Services (8:30 & 11:00)

“Betrayal!”

Mark 14:26-46

Sermon by Jim Whedbee

Contemporary Service (11:00)

“I Won’t Back Down”

Mark 14:32 -42

Sermon by Melissa Smith

**March 7, 2010**

Traditional Services (8:30 & 11:00)

“Fear!”

Mark 14:53, 53, 61-68, 70-72

Sermon by Jim Whedbee

Contemporary Service (11:00)

“Condemned”

Mark 14:53, 53, 61-68, 70-72

Sermon by Don Hanshew

*Next print publication of the Spirit will be March 10. Please email your articles to [spirit@fountaincityumc.org](mailto:spirit@fountaincityumc.org) by noon on March 8.*

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## PASTOR CORNERED

Last Wednesday, February 17, was Ash Wednesday, the first day of the season of Lent. Last Wednesday I did something I have never, ever done before. Are you ready? I sucked on a Wint-o-green Life Saver all the way to the end because it was Lent. Can you even imagine the connection? Hang with me, and let me tell you about it.

I began the day without even a clue as to what kind of discipline I might undertake during Lent. I was wondering why the Lord had not given me some direction yet. Sitting in the 7:30 a.m. service in the chapel, as Don was offering the meditation, it came to me. "Impatience, Jim, impatience. Give up impatience!" I wanted to say "I don't have enough patience to give up impatience." As I thought about it, I realized that was the reason for giving up impatience. And, truly, it is a sacrifice for me.

So here's the Life Saver story. Normally I throw one of those Life Savers in my mouth and immediately chew on it, and it's gone in five seconds. It's as if the object is to get rid of it as quickly as possible rather than savor the Saver. So Wednesday I said, "Jim, see if you can possibly enjoy it to the end." I'll have to admit I did gum the last remnant of it, but I did not chew it! That was my test. I found out that I can be patient.

The next time you see me at the grocery store or in traffic, don't be surprised if you see me in the longest line as I test myself. Don't be surprised, though, if you see me in the shortest line either if I am really in a hurry.

Since Wednesday I found myself (somewhat) enjoying waiting in line for 45 minutes at the car wash. When the guy jumped in front of me in the line

at Panera the other morning, I felt sorry for him because of his impatience. (Maybe next Lent I'll give up self-righteousness. Just one thing at a time right now, though.) I am learning to use the waiting time to reflect and meditate. If I can do this patience thing, I think I'll be a better person. I think I might enjoy life even more than I already do.

Had I given up something tangible, it wouldn't be such a struggle. I don't think I have ever failed in a discipline like that during Lent except once when I didn't realize that the covering on the almonds was white chocolate after I had eaten the whole bag. This will be tougher. It will be easier to forget. It will be easy to be in a hurry. It will be tough to avoid the temptations of impatience.

Come Easter, I hope and pray that I won't just all of a sudden give up the struggle. I hope that Lent will simply be an opportunity to begin to change something about me on an ongoing basis that will make me a little easier to be around. I want to use the waiting time in conversation with the Lord or more fully enjoy the company of those around me.

Some of my "friends" made fun of me a couple of years ago because I gave up Cheetos. They scorned me and said, "You mean Jesus died on the cross and you're giving up Cheetos?!" Well, dear clergy friends, here you go! See what you think about this one! Maybe, just maybe, this one can change me – at least for a season. I pray so!

*-- Jim*

## A Call to 40 Days of Prayer

Bishop James Swanson is calling United Methodists throughout Holston Conference to be in prayer for 40 days (February 23-April 3) for 3,000 baptisms in Holston Conference by Pentecost Sunday, June 5.. Between April 3 and June 5 there will be 50 days of a special evangelistic thrust. Bishop Swanson says: "I believe if we will join our voices and hearts in conversation with God, our Lord will hear and empower our lives that we may point people to Jesus." Please join us in this important effort to help others come to know the love of God through Christ our Lord.

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### Intercessory Prayer

Mary Bolton; Tom Harrington

### February Drivers

Morning: Tim McComas

After Church: Craig Holtzclaw

### March Drivers

Morning: Chuck Brooks

After Church: Steve Ferguson

### Emergency On Call

February 26-28: Jim Whedbee

March 5-7: Don Hanshew

**Medical Transportation:** Jean Payne

**Stephen Ministry:** Gail Clift

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## Early Childhood Ministry Easter Egg Hunt

All families with young children (birth through pre-kindergarten) are invited to our annual Easter egg hunt on Sunday afternoon, March 21 (rain date is March 28, check the website in the event of bad weather). We will gather in the gym at 3:30 p.m. for preschool activities and move to the front lawn for the egg hunt around 4:30 p.m.

Light refreshments will be provided and we ask that you bring at least one dozen eggs per child filled with candy or trinkets (no chocolate or nuts please). This is a family event, but only the preschoolers will be hunting eggs. We invite the older siblings to meet on the front lawn to help hide the eggs at 4:00 p.m. We will have special treats for them too! Please contact Becca Pendergrass, ext. 115, for more information.

## Easter Eggs Needed!

Please bring your donation of plastic Easter eggs filled with individually wrapped trinkets or candy (no chocolate or nuts please) to the Children's Welcome Center on or before Sunday, March 21. Thank you!

## UMW March Meeting

The UMW will meet as scheduled on Tuesday, March 9, 10:00 a.m. Our program "A Call to Prayer and Self Denial" will be led by Carrie Carter. Circle 3 is asked to bring snacks for Wesley House. A sacrificial meal will be provided by Doug Shipman.

## Preschool Registration 2010-11

FCUMC Preschool will register children for the school year 2010-11 during March. Church members are guaranteed a place in the program if they register March 1-5! If you would like to enroll your child (ages 6 months – pre-k) for next year, please come to the Preschool office during office hours (8:30-2:30 Monday-Thursday, 8:30-11:30 on Friday) to fill out the registration form and pay the \$50 registration fee. If you have any questions, please contact Susan Todd at 689-5518 or email [stodd@fountaincityumc.org](mailto:stodd@fountaincityumc.org).

## IN MEMORY AND HONOR

**General Fund: In Memory Of: *R. V. Jolley*** by Mary Emma Scott; ***Marie Livesay*** by Alyson Massengill, Megan Benner, Kirsten Roberts, Megan Perry, Hanna Rieley; Ray Hicks, Dwight Hicks, Jerry Hicks, Betty Hicks Payne, Margaret Hicks Lovitt; Stuart Mitchell; Etta Faye Conner; Ginny Rogers

***Johnnie Mae Courtney*** by Sally Snyder

**In Honor of: *Jennifer Smiddy*** by Mary Emma Scott  
***Don Hanshaw, Melissa Smith, Amy Bible, Tom Harrington, Charles Harrington, Rick Harrington, & Troy Lawson*** by Friends of Johnnie Mae Courtney

**Fountain City Ministry Center: In Memory Of: *Rosa Ellis*** by Tom Harrington

**In Honor of: *Patty Clark*** by Neil & Pam Walker

**Upper Room-Hospital Ministries: In Memory Of: *Marie Livesay*** by John & Karen Needy

**Silver Hammers: In Memory of: *Faye Gadd*** by Bonnie & David Smith

**Scholarship Fund: In Honor of: *Ruth Sloan*** by Christian Fellowship Class

**UMCOR: In Memory of: *Rosa Ellis*** by Dorothy Stuart  
***Marie Livesay*** by Sherman & Elizabeth Morton  
***Winelle Drawdy*** by Bill & Nancy Cloud

**In Honor of: *Mary Frances Tucker*** by Bill & Nancy Cloud

***Mary Emma Scott*** by Russ & Lisa Coble  
***Jim Whedbee, Don Hanshaw, & Melissa Smith*** by Phil, Beth, & Sharon Ellis

## Retirees Meeting

### March 12, 2010 - "Haiti: Up Close"

On January 30, 2010, a nine-member team from One Vision International (a humanitarian aid organization) returned from a weeklong mission to Haiti. They witnessed first-hand the unbelievable destruction and human tragedy left in the wake of the January 12 earthquake. John Miller, team member and director of One Vision International, will be the speaker at the retirees meeting on March 12. The group will get a first-hand account of the events experienced by the four doctors and five aid workers on the team. Mr. Miller has since returned a second time to Haiti and will be able to give an update on the status of relief efforts at this point. Please call Jean Payne, 688-4165, for a reservation.

### Don't Forget to Bring Your Cans!

Kids Can is Our Children's Lenten Mission Project for 6 weeks to provide food for the Fountain City Ministry Center!

## CHURCH CALENDAR - FEBRUARY 26 – MARCH 13

### Regular Weekly Activities

#### Sundays

- 8:30 AM Worship (Sanctuary)+
- 9:30 AM Coffee & Fellowship (Fellowship Hall)
- 9:45 AM Sunday School for all ages (Church-wide)
- 11:00 AM Traditional Worship (Sanctuary)+  
*The Journey* Contemporary Worship (Gym)+
- 4:00 PM Disciple I Bible Study (208)\*
- 5:00 PM OffeRing Handbells (Bell Room)
- 5:30 PM Financial Peace University (202)\*
- 6:00 PM Divorce Care (Room 111)\*
- Tween Team Studio (Choir Room)
- Youth Growth Group (Various Rooms)\*
- Esther Bible Study (Room 106)
- Sunday Night Bible Study (112)
- 7:15 PM College Bible Study (Panera)

#### Mondays

- 8:30 AM Preschool (M-F)
- 9:00 AM Aerobics (M,W,F)
- 9:30 AM Monday Morning Bible Study (Room 106)\*
- 3:00 PM The NET (M-F)
- 4:30 PM Dance for Joy (Fellowship Hall)
- Weight Watchers (Choir Room)
- 5:30 PM GED Classes (137)\*
- Basic Music Reading Skills (Bell Room)
- 7:00 PM Cub Scouts (Various Rooms)
- Young Adult Bible Study (Offsite)
- 8:00 PM Alcoholics Anonymous (M,W,Th,F) (AA Room)
- 9:00 PM Men's 40-plus Basketball

#### Tuesdays

- 7:00 AM Men's Bible Study (Room 137)
- 9:00 AM Staff Meeting (Room 137)
- 4:00 PM OffeRing II Handbells (Bell Room)
- 5:00 PM Dance For Joy (Fellowship Hall)

#### Wednesdays

- 4:00 PM Youth Choir (Choir Room)
- 5:00 PM Genesis Handbells (Bell Room)
- 5:30 PM Wednesday Night Fellowship Meal (Gym)
- GED Classes (137)\*
- 6:30 PM Wednesday Night Live Children's Activities:  
activities provided for children from birth  
through 5th grade Sunday School  
Middle School Youth Group (Youth Room)  
High School Youth Group (Net Room)  
Caregivers (112)  
Parenting Partners (201)  
Personally Experiencing Prayer (106)  
Financial Peace University (202)\*  
Lenten Bible Study (Wesley Hall)  
Momentum for Life (138)  
Toller's Handbells (Bell Room)
- 7:30 PM Chancel Choir Rehearsal (Choir Room)\*
- 7:45 PM *The Journey* Rehearsal (136)\*

#### Thursdays

- 2:00 PM Basic Music Reading Skills (Bell Room)
- 4:30 PM Yoga - Children (Gym)
- 5:30 PM Yoga - Adults (Gym)
- 7:30 PM Volleyball (Gym)

### Scheduled Activities

#### Friday, February 26

- 6:00 PM Family Winter Fun Night

#### Saturday, February 27

- 5:45 PM Open Door Meal

#### Sunday, February 28

- Pick up your Pictorial Directory*
- 4:30 PM Family & Life Ministry Team (Room 138)\*

#### Monday, March 1

- 11:00 AM Holston Conference Committee (Room 137)
- 6:00 PM Finance Committee (Room 138)

#### Tuesday, March 2

- Mexico Medical Mission trip departs*
- 10:00 AM Bridge (Youth Room)
- 6:30 PM Stephen Ministry (Room 137)

#### Thursday, March 4

- 7:00 PM Cub Scout Religion Badge (Various Rooms)

#### Saturday, March 6

- 4:00 PM Youth to Winter Jam Concert (Off-site)
- 5:30 PM Boy Scout Blue & Gold Banquet (Gym)

#### Monday, March 8

- Mexico Medical Mission trip returns*
- 7:00 PM Preschool Parent Meeting (Wesley Hall)

#### Tuesday, March 9

- 10:00 AM UMW Meeting (Wesley Hall)
- 7:00 PM Thinking Positively Group (Choir Room)
- UMW Circle 11 (Wesley Hall)

#### Thursday, March 11

- 6:30 PM UMW Circle 6 (Wesley Hall)\*
- 7:00 PM Cub Scout Religion Badge (Various Rooms)

\* Childcare provided for children from birth to fifth grade if previously arranged  
+ Activities provided for children from birth through 3-year-old Sunday school

#### Reminders

(please see the website for more information)

#### Family Fun Night

Friday, February 26, 6:00-8:00 p.m.

The Net middle-school youth need snacks!

#### Pictorial Directory

Please pick up your Pictorial Directory this Sunday, February 28. Contact LeRoy Hatcher, ext 111 for more information.

Need a set of **Easter Story eggs** for your children?  
Contact Sherri Smith, ext 117.

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## OUR PRAYERS

Church Family in the Hospital as of February 22:

*Removed for privacy*

**Recently Discharged from the Hospital:**

*Removed for privacy*

## OUR PRESENCE

**Sunday, February 14, 2010**

Sunday School	484
8:30 a.m. Traditional Worship	175
11:00 a.m. Traditional Worship	349
11:00 a.m. <i>The Journey</i>	109
WEE Worship (8:30 & 11:00)	48
Total Morning Worship	681

**Sunday, February 21, 2010**

Sunday School	520
8:30 a.m. Traditional Worship	175
11:00 a.m. Traditional Worship	289
11:00 a.m. <i>The Journey</i>	123
WEE Worship (8:30 & 11:00)	49
Youth Ski Trip	35
Total Morning Worship	671
<b>Wednesday Night Meal</b>	111

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## OUR GIFTS

Weekly Offerings

General Fund	
February 8-14	\$41,257
February 15-21	\$25,790
YTD Receipts	\$181,318
TYD Expenses	\$177,569
Difference	\$3,749
Salt & Light (MTD - February)	\$162
UMCOR—Haiti Relief (Total)	\$6901

**Your gifts make it possible to offer faithful and engaging worship services that honor God each week. Join us in worship during Lent as we consider "24 Hours that Changed the World."**

Thank you for supporting our "Pancakes for A Purpose" supper. We served 160 folks on Tuesday evening and raised \$600.00 to benefit UMCOR Haiti Relief. What a blessing!

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## Scholarships Awarded

Congratulations to Mallory Smith, attending University of Tennessee, and Anna Nichols, attending Emory and Henry! They have been awarded the general scholarships for the 2010 spring semester.

## MEMORIAM



Marie Livesay, February 13, 2010; member at Fountain City United Methodist Church from October 2, 1955. Our sympathy is extended to family and friends.

Our sympathy is also extended to Phil Ellis on the death of his mother, Rosa Ellis, on February 12, 2010.

## OUR SERVICE

**March 8:30 Ushers:** Barry & Louanne Clabough, Head Ushers; Don & Wanda Crawley

**March 11:00 Ushers:** Gene Patton, Bill Slocum Head Ushers; Joe & Dot Eldridge, Mary Brabson, Conrad & Wanda Majors, Robert Smiddy, Doug Shipman, Steve Ferguson

**March Journey Ushers:**

Edwin & Audrey Deyton, Brad & Kelley Flatford

**March Greeters:**

David Smith, Angela Lemmons, Brian, Bronwyn & Hunter Shupe, Karmen Sharpe, Sharon Dobbins, and Mary Ellen Whittaker

### Wednesday Fellowship

Fellowship Meal Menu

Wednesdays, 5:30 p.m.

**March 3, 2010**

Tuscan Meatball Stew, Cole Slaw, Cheese bread

**On the light side:** Chicken Breast and Mixed Vegetables

**Kid's Menu:** Spaghetti and Meat Sauce

**March 10, 2010**

Old Fashioned Chicken Noodle Soup, Chef Salad

**On the light side:** Same as main meal

**Kid's Menu:** Cheese Pizza, Green Beans

Desserts and beverages are also provided. All menus subject to change.

Adults \$6, Children (5th grade and under) \$3; Families of 3 or more \$16, Seniors (65+) \$5

Make your reservations online, on the worship attendance card, or call the church office before noon on Tuesday before the Meal.

*THE SPIRIT*

Fountain City United Methodist Church  
212 Hotel Road  
Knoxville, TN 37918-3296  
(865) 689-5175/FAX (865) 689-4693  
Web: www.fountaincityumc.org  
Email: fcumc@fountaincityumc.org

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Permit #380

*RETURN SERVICE REQUESTED*

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***Easter Lilies for the Sanctuary***

Lilies may be purchased in honor of in memory of a friend or loved one at the cost of \$8.00 each.

Please fill out this form and place it in the offering plate or bring it by the church office.

Payment must accompany the order being placed. (Write checks to Fountain City UMC)

All orders must be in the church office no later than noon on Monday, March 29.

Your Name: \_\_\_\_\_ Daytime Phone: \_\_\_\_\_

*(please list name(s) of those being remembered & who it is from exactly as you would like them to appear)*

<b>In Memory Of: (How Many: _____ )</b> _____ _____ _____ _____
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<b>In Honor Of: (How Many: _____ )</b> _____ _____ _____ _____
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