



The Spirit

Pastors: James E. Whedbee, Donald R. Hanshew Jr., Melissa R. Smith

Getting More Comfortable With Prayer

John Wesley said, "It seems that the Lord will do nothing except in answer to prayer." Since prayer is so vital and important, we are offering an informal study that is designed to help us become more comfortable with prayer. Each week we will look at what the Bible has to say about the different aspects of prayer based upon your needs and questions. We want your input about what you would like to learn about prayer. No one will be required to pray aloud unless you want to, but this will be a time in which we all grow in our understanding of prayer. Join us on Wednesday nights at 6:30 pm in Room 117.

Sudan Hope 8

Holston Conference will be sending the eighth mission team to Yei, Sudan, in early November. This team will assist with the ministry of Rev. Boo and Rev. Phyllis Hankins, who serve as the District Superintendent and clergy trainer, respectively. As missionaries from Holston assigned to South Sudan, they are helping us get a larger picture of the ministry needs in Yei, helping equip and grow churches, and are working with local officials in looking at the possibilities of developing a boarding school. This mission team includes one person from each district in the conference who will come back to continue to tell the story of God's work in Sudan. I am privileged to serve as the Knoxville district representative and eager to share with FCUMC what God is doing in Sudan. In preparation for this trip, there are a couple of ways you can be involved:

- Pray daily for the mission team and the ministry of Boo and Phyllis among the people of South Sudan.
- Support the trip financially by designating a gift above and beyond your normal giving to help me cover the necessary costs and team needs. For each person who gives a financial gift, you will receive a personalized letter and an invitation to come to a Sudan presentation after the trip.
- Have your Sunday school class or small group invite me to come and talk about the ministry going on in Sudan.

There will be more information at a display table in the Narthex and in the gym over the next couple of weeks. I look forward to talking with you more about this mission opportunity!

Melissa Smith

Worship With Us!

August 23, 2009

Traditional Services (8:30 & 11:00)

"It's All About Relationship"

John 15:1-8

Sermon by Jim Whedbee

Contemporary Service (11:00)

**the
Journey**

"Who's Afraid of the Big Bad Wolf?"

1 Samuel 17:17-50

Sermon by Melissa Smith

Organ Concert

Don't miss Malcolm's farewell concert on Sunday, August 23 at 4:00 p.m. Bring a friend!

Wednesday Fellowship

August 26, 2009

Fellowship Meal Menu (5:30)

Roast Pork Loin Teriyaki, Stir-Fry Vegetable Medley, Fresh Corn on the Cob, Tossed Salad, Rolls, Lemon Pound Cake w/ Berry Sauce

Light Side: Baked Chicken Breast (with above vegetables)

Kid's Menu: Mini Chicken Sandwich, French Fries, Fresh Fruit & Veggies, Yogurt, Chocolate Chip Cookies

Iced Tea, Lemonade, Coffee

Adults \$6, Children (5th grade and under) \$3; Families of 3 or more \$16, Seniors (65+) \$5

Make your reservations on the worship attendance card, or call the church office before noon on Tuesday, August 25.

THE PASTOR CORNERED

I tried and tried to think of a way to reward the great staff and congregation of Fountain City United Methodist Church for your love and support given me during the first seven years of my ministry with you. Finally, I thought, "Aha! I will take a three week vacation. During that time they will enjoy great preaching (thanks, Don, Melissa and Carol) and not have to put up with me."

Our first trip was with family to Berrien Springs and St. Joseph, Michigan, for Judy's graduation from Andrews University with her PhD in Educational Leadership! I am right proud of her and this accomplishment, finally completed after five years. It is great to have her "back."

We arrived home on Monday, the 3rd, and left for Alaska on Friday, the 7th (our anniversary). After spending two days in the Anchorage area, we boarded the Island Princess cruise ship for a seven-day tour of Alaska. As I write this on the seventh day, I do so with a great sense of awe as well as thanksgiving for this opportunity.

I am sitting on the balcony of our stateroom early Sunday afternoon, somewhere on the waters off British Columbia. We are headed to Vancouver to disembark in the morning, followed by an all night flight (including sitting in airports for six hours). There has been a four hour time difference until today (now three); so I imagine I will be a bit jet-lagged when you see me later this week.

Let me brag about a couple of victories I have enjoyed this week. First off, I will be bringing home a silver medal, having come in second in an athletic endeavor here on ship. Yes, really! Secondly, I hope you don't mind; but I did play the machines once and increased my ante by 75%. Ahead of time, we decided to do some laundry on board so we wouldn't have to pack as much. I put a dollar in the machine to get quarters and got back \$1.75! I would imagine I am the only person on board who enjoyed that kind of percentage earnings from the machines.

Even as we were approaching Anchorage and looked on the mountains and glaciers atop many of them, my mouth fell open; and it has stayed that way pretty much throughout the trip. God is God is God is God; always has been; always will be! The glory and majesty of God's name has been with me all week. The same God who gave us the beauty of East Tennessee created these Alaskan mountains and waters, and how vastly different all of it is from the grandeur of our native land.

As we toured some of the towns, we saw Wal-Mart, Kohl's, Target, J. C. Penney, McDonald's, and dozens of other places that we see at home everyday. I couldn't help but think how limited mankind's imagination is. Same stores everywhere, but what God has created is unlimited in its difference and magnificence. The beauty of the Alaskan natives, as well as folks from other lands, is another example of God's awesome imagination and creative genius. I am reminded several times of the Psalm which sings, "How majestic is your name in all the earth!"

This is the God we worship together each week, and I look forward to being back with you this coming Sunday. We have missed you greatly and really do, as the apostle Paul said, "long to see your faces." I hope you have enjoyed my time away from you as much as Judy and I are enjoying our time with each other and the time away. Now, I must get up on the deck and bask in the Canadian sun, which is the same sun we enjoy in East Tennessee. Thanks be to God!

- Jim



PRAYER FOCUS

1 Corinthians 13:7: "It [love] always protects, always trusts, always hopes always perseveres."



Lord God, we continue to pray for our children and youth as they begin a new school year. We ask that You protect them, help them to trust and hope in You and be diligent in being all that You have called them to be. In Jesus' name, Amen.

OUR PRAYERS, OUR PRESENCE, OUR GIFTS, & OUR SERVICE

Net Volunteers Needed!

The Net Ministry Team is seeking individuals who are willing to serve from 3:15-6:00 p.m. one or more afternoons a week. We are especially in need of Friday and Thursday volunteers. Volunteers must be Safe Sanctuary trained as well as open to playing table games, constructing puzzles, supervising activities, and laughing with wonderful middle school students. If you are interested in serving as a Net volunteer this school year, we need you! Please contact Janice Evans at 689-5175 ext. 119.

Donations for The Net

We are asking for food donations that will offer healthy snack options for our middle school students. Below you will find a list of some of the items that we are requesting for this school year.

- Granola bars
- Graham crackers
- Vanilla wafers
- Teddy grahams
- Animal crackers
- Chex mix
- Goldfish crackers
- Peanut Butter
- Vegetables (carrots, celery sticks, etc.)
- Juice boxes or bottles of juice
- Pop-Ice
- Pudding cups
- Chips & salsa
- Saltine crackers
- Fruit snacks
- Pretzels
- Popcorn
- Fresh Fruit

There will be a box in the old fellowship hall (next to the kitchen) as well as one by Wesley Hall where you can place your donated items. A big thank you from the Net!

WEE Worship Training

There will be a WEE Worship training for new team members and a refresher for veterans on Wednesday evening, September 2 at 6:45 in room 123 (2-B) downstairs in the children's wing. All who are curious about how we worship with our WEE ones are welcome to attend. Contact Jennifer Smiddy at 689-5175 ext. 115 with questions.

Parking Lot Welcome

We do many things well as a church, one of which is being a welcoming place! In an effort to strengthen this welcome, we will be converting the parking lot on Hotel Road closest to the main office into Sunday morning parking for visitors, handicapped, and new and expecting families. This will begin on September 6. You will also notice we have some wonderful parking lot greeters who are helping assist those who are new to our church and may need some help with directions. What a great combination of helping all those whom God sends our way feel at home. If you are interested in serving as a parking lot greeter, contact Don Hanshew at ext. 110.

What Is It?

What has 192 legs, eats 288 pieces of pizza, drinks 10 gallons of lemonade, and goes without sleep? Give up? How about 96 youth and adults at this past Friday's lock-in at St. Mary's fitness. A big thanks to Rebekah Wilson, Amy Cooper, Mary Arehart, Dot Eldridge, Patricia Paden, Rhonda Whittaker, Donovan Stewart, Russ Wise, Sharon Wise, Lori Hensley, Rebecca Bales, Melissa Smith, Maggie Williams, Christina Burroughs and Sandy Morgan for their help throughout the night.

Pet Ministry seeks volunteers of all ages!

A new ministry program designed to help people with financial or physical limitations care for their pets will be starting soon. As an adult, youth, or child, If you'd like to learn more about this new ministry and how you can become involved, please attend the initial meeting at 7:00 p.m., Monday, August 24 in room 138. For more information, call Bruce or Nancy Webb, 688-3805 home, 922-5500 work, or e-mail: ndwebb@bellsouth.net



Bazaar Planning Meeting

Wednesday, August 26, 7:30
Room 137

CHURCH CALENDAR - AUGUST 21 - 29

Friday, August 21

- 8:30 AM Preschool Fall Open House
- 6:00 PM Confirmation Kick-Off (Various Rooms)
- 8:00 PM Alcoholics Anonymous (AA Room)

Saturday, August 22

- 5:30 PM Open Door Community Meal (Gym)
- 6:00 PM Parent Movie: "Fireproof" (Choir Rm)*

Sunday, August 23

- 8:30 AM Worship (Sanctuary)+
- 9:30 AM Coffee & Fellowship (Fellowship Hall)
- 9:45 AM Sunday School for all ages (Church-wide)
- 11:00 AM Traditional Worship (Sanctuary)+
The Journey Contemporary Worship (Gym)+
- 12:30 PM Explore Disciple (Room 137)
Journey Band Rehearsal (Various Rooms)*
- 4:00 PM Malcolm Matthews Organ Concert (Sanctuary)
- 5:00 PM *OffeRing* Youth Handbells (Handbell Room)
- 6:00 PM Nichols Bible Study (Room 137)
Tween Team Studio (Choir Room)
Safe Sanctuary Training (Room 138)*
- 7:00 PM College-Age Bible Study (Offsite)

Monday, August 24

- 8:30 AM Preschool (M-F) (Preschool Hallway)
- 9:00 AM Aerobics (Gym) (M-W-F)
Esther Bible Study (Room 137)
- 10:00 AM Bulletin Refresh Team (Room 138)
- 3:30 PM The Net (M-F) (The Net Room)
- 5:00 PM Weight Watchers (Choir Room)
- 7:00 PM Cub Scout Den Meetings (Various Rooms)
Pet Ministry Meeting (Room 138)*
- 8:00 PM Alcoholics Anonymous (AA Room)

Tuesday, August 25

- 7:00 AM Men's Bible Study (Room 137)
- 9:00 AM Staff Meeting (Room 208)
- 10:00 AM UMW Executive Board (Room 136)
- 4:00 PM *OffeRing II* Youth Handbells (Handbell Room)
- 5:30 PM Staff Parish Meeting (Room 136)
- 7:00 PM "Thinking Positively" Support Group (Choir Rm)

Wednesday, August 26

- 4:00 PM Youth Choir (Choir Room)
- 5:00 PM *Genesis* Children's Handchimes (Handbell Room)
- 5:30 PM Wednesday Night Fellowship Meal (Gym)
- 6:30 PM Middle & High School Bible Study
Tollers Adult Handbells (Bell Room)+
Wednesday Night Live (Children's Choirs)

Wednesday, continued...

- 6:30 PM Parenting Partners (Room 201)+
Understanding Poverty (Room 138)+
Pastors' Bible Study (Room 137)+
The Bible & Prayer (Room 117)+
Short-Term Disciple Study (Room 111)+
Prayer Ministry (Room 102)+
Disciple (Fellowship Hall Kitchen)+
- 7:30 PM Chancel Choir Rehearsal (Choir Room)*
Bazaar Meeting (Room 137)*
- 7:45 PM *The Journey* Rehearsal (Wesley Hall)*
- 8:00 PM Alcoholics Anonymous (AA Room)

Thursday, August 27

- 5:00 PM Singles (Wesley Hall)
- 6:00 PM Co-Ed Softball (Offsite)
- 7:30 PM Volleyball (Gym)*

Friday, August 28

- 8:00 PM Alcoholics Anonymous (AA Room)

Saturday, August 29

- 10:00 AM Basketball (Gencay) (Gym)

* Childcare provided for children from birth to fifth grade
+ Activities provided for children from birth through 3-year-old Sunday school.

Sunday Morning Greeters

Would you like to help meet new people and welcome friends as they come into church? We are a church that wants to make everyone feel welcomed. We are looking for individuals or families to help serve the church by welcoming folks who come to the church before and after Sunday school hour. You serve two months out of the year in this very rewarding ministry. Please contact Sandra Hatcher by email (Mzhatch@yahoo.com) or by phone 687-9180 for more information. See you on Sunday morning!

Emergency On Call - August 21-23

Jim Whedbee

August Drivers

Morning: Brent Eldridge

After Church: Craig Holtzclaw

Medical Transportation: Jean Payne

Stephen Ministry: Gail Clift

Intercessory Prayer

Mary Bolton; Tom Harrington

CHURCH HAPPENINGS

Wednesday Children's Events Online

Wednesday Night Live starts back on August 26! Visit the church website to get an overview of all the groups and age-level activities - enter **WNLive** in the search box at the top to go right to the article.

Van and Bus Keys Needed!

There are some van and bus keys that have inadvertently been removed from the key box in the office and have not been returned in the past few months. We need these keys to be returned to Marci in the church office as soon as possible. We have upcoming events requiring our vehicles and need the keys back, please! Thank you.

Construction Update

If you have not been to Fountain City United Methodist Church in recent weeks, you need to come see the finished construction:

- The Welcome Center is complete
- Air conditioning units in every Sunday school room, along with the Sanctuary, preschool / ECM area, second floor and the gym are complete.
- Automated handicapped doors, ramps, restroom and water fountains are in place.
- The state of the art kitchen is up and running.
- The elevator works great!
- The public area around the elevator is complete.
- There are new doors, door locks, lights, ceiling panels, wiring, plumbing, and bathroom fixtures that you may not even notice
- Exterior painting will continue for several weeks.
- Narthex floors will be cleaned and that will take several weeks to complete.

There will be further changes, both inside and out...watch The Spirit for new developments. Many, many thanks again for your patience through all the changes. We are probably 99% completed, with a greatly improved church facility.

Safe Sanctuary Training

The next Safe Sanctuary training is scheduled for Sunday, August 23 at 6:00 in room 138. This training is required for all adults who want to serve our children and youth. The class lasts one hour and childcare is provided. Bring three personal references. Call Jennifer Smiddy at 689-5175 ext. 115 with questions.

IN MEMORY AND HONOR



Capital Campaign: In Honor Of:
Carol Lytle by the United Methodist Women



Choir Fund: In Memory Of: Gwen Sprouse by Tom & Harry Cloud; Charles & Kathy Harrington



Fountain City Ministry Center:
In Honor Of: Barbara Smith, Wes Murrian, Ruth Bryan by the Christian Fellowship Class



General Fund: In Memory Of: Gwen Sprouse, Margaret Evans by Dot Phillips



The Net: In Memory Of:
Gwen Sprouse, Margaret Evans by Jack & Mary Ridenour
In Honor Of: Jack Ridenour, Mary Emma Scott by Dot Phillips



Scholarship Fund: In Memory Of:
Gwen Sprouse, Margaret Evans, Faye Gadd, Bob Tadlock by Ruth Sloan
In Honor Of: Dan Kelly, Mary Emma Scott, Barbara Smith, Ruth Bryan, Jack Ridenour by Ruth Sloan; **Bill English, Gerald Bellamy, Jack Ridenour** by the Christian Fellowship Class

MEMORIAM



Patsy M. Adkins, August 11, 2009
Our sympathy is extended her husband Charles, and the family and friends.

The Spirit Bible Question

Question: What did the priest Eli think when he saw Hannah praying?

Know the answer? Email your answer to aduncan@fountaincityumc.org.

Last Week's Answer: Elisha purified a pot of stew that had been poisoned with *wild gourds*. (2 Kings 4:38-41)

Congratulations to Carol Rudolph & Evelyn Carter!

THE SPIRIT

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OUR PRAYERS

Members in the Hospital as of August 18, 2009
(removed for privacy)

Members Recently Discharged from the Hospital
(removed for privacy)

OUR PRESENCE

Sunday, August 16, 2009

Sunday School	495
8:30 a.m. Traditional Worship	153
11:00 a.m. Traditional Worship	325
11:00 a.m. <i>The Journey</i>	109
WEE Worship (8:30 & 11:00)	66
Total Morning Worship	653

OUR GIFTS

Received 8/10-8/16	\$21,917.00
Year to Date	\$840,663.94
Expenses to Date	\$837,254.15
Difference	\$3,409.79
Salt & Light (August)	\$95.00

OUR SERVICE

August 8:30 Ushers: Charles & Celia Thompson, Head Ushers; Troy Lawson, David & Debbie Vandergriff, Rogan Oliver

August 11:00 Ushers: Gary & Mark Hillard, Head Ushers; Jason Hillard, Frank & Nancy Faulkner, Buzzy Freeman, Teresa Hillard, Nicole & Brent Eldridge, Perry Benshoof, Gary McMahon

August Journey Ushers: Richard & Sonja Bock

August Greeters: Sue Brichetto, Jackie Benshoof, Lynn Osborne, Erma Prather, Virginia Frye

Upcoming Youth Events

- Aug. 19, 4:00-6:00 p.m.: Back-to-School Bash (\$5 for pizza)
- Aug. 21, 6-10 pm: Confirmation Kick-Off
- Aug. 26: Wed. Night Youth Group Starts
- Aug. 30, 6 pm: Fall Growth Groups Start;
- Aug. 30: White Water rafting registration due
- Sep. 9: Middle School Retreat Early Registration Ends
- Sep. 13: White Water Rafting (\$35)
- Oct. 2-4: Middle School Fall Retreat
- Oct. 14: High School Retreat Early Registration Ends
- Oct. 18: Virginia Creeper Bike Trail Trip (\$20)
- Nov. 13-15: High School Fall Retreat